

All winners are eligible to compete in the Southern Hemisphere May 24th. 2009

MAX'S
Life's too short to be small

NABBA/WFF



2009 International

Saturday 16th. May

Venue: CAMBERWELL CIVIC CENTRE
Time: 12 NOON START (One Show)
Ticket: \$50 ALL DAY (Kids under 12yrs - FREE)



NABBA CATEGORIES:

- Junior Men (Under 21 yrs)
- Novice Men (Never placed 1st)
- Masters Men (Over 40 yrs)
- Grandmasters Men (Over 50 yrs)
- Mr Class 4 (Height below 1.65m)
- Mr Class 3 (Height between 1.65m and 1.72m)
- Mr Class 2 (Height between 1.72m and 1.79m)
- Mr Class 1 (Height over 1.79m)
- Miss Figure Class 2 (Height below 1.63m)
- Miss Figure Class 1 (Height over 1.63m)
- Miss Figure Over 35 yrs
- Miss Physique (Weight over 60 kg)
- NABBA Couples

WFF CATEGORIES: (The Natural Choice)

- Mr Athletic Teenage
- Mr Athletic Masters (Over 35yrs)
- Mr Athletic Classic (Over 60 yrs)
- Mr Athletic OPEN:
 - Class 4 (Height below 1.65m & Weight under 67kg)
 - Class 3 (Height between 1.65m and 1.72m & Weight under 74kg)
 - Class 2 (Height between 1.72m and 1.79m & Weight under 81kg)
 - Class 1 (Height over 1.79m & Weight under 87kg)
- Miss Athletic OPEN:
 - Class 2 (Height under 1.63m Weight under 50kg)
 - Class 1 (Height over 1.63m Weight under 57kg)
- Masters (Over 40yrs)
- Miss Athletic NOVICE:
 - Class 2 ((Height/Weight as above)
 - Class 1 ((Height/Weight as above)
- Miss Fitness (Aerobic/Performance)
- Miss Glamour (Bikini/Sports Model)

Registration:

Entries close Monday 11th. May (Late entries will not be accepted)

All Victorian Competitors must register on Saturday 9th. of May (12 Noon) for height / weight / age checks at
Athletique Health Club (cnr Albert & Dundas Street, Preston)

Tel: 03-9480 5975 www.athletique.com.au

All posing music to be submitted at registration. (Music on CD only)

www.nabba.com.au

For all enquiries contact:
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